

Food content

Rest Stops

	bread buns	Wheat flour, water, syrup, vegetable fat, yeast, wheat gluten, emulsifiers (E471, E472e), salt, cardamom. Bread Gloss: Maltodextrin, modified wheat starch, hydrolyzed wheat protein, potato starch, dextros. <i>May contain traces of almond and apricot kernels.</i>
GLUTEN-free LACTOSE-free	blueberry soup	water, sugar, blueberries, thickener (modified starch and guar gum), dietary fiber from chicory root (inulin), citric acid, vitamin C and flavor
Energy drink	Enervit G Sport	Fructose - Maltodextrin (from maize) - Sucrose - Dextrose (from maize) - Acid: citricacid Thickener: gum arabic - Sodium phosphate dihydrate - Orange Juice - Magnesium citrate Tripotassium citrate - Sodium citrate - Sodium chloride - Flavourings – Vitamin mix (C, PP, Calcium Pantothenate, B2, B1) - Anti-caking agent: silicon dioxide. ALLERGENS Produced in a factory that also uses cereals, eggs, soybeans, milk, sesame, nuts
GLUTEN-free	glutenfree bread	various brands, content list on packaging can be read at the rest stop
	Drink Accessories	coffee, blueberry soup, tea, mixed juice, Enervit Sports drink, water. cucumber (salted), banana.

Finish

Chicken breast with sauce and accessories

Accessories:

Wheat berries, pepper, leeks, carrots, salt, pepper.

Sauce:

Rapeseed oil, water, egg yolks, mustard seed, sugar, vinegar, salt, stabilizers (E412, E415), preservative (E202, E211), acetic acid, citric acid.

Water, sugar, red chili, garlic, salt, starch (E1422).

Chicken

Chicken fillet, potato starch, salt, rapeseed oil, cayenne pepper, coriander, ginger, pepper, cumin, garlic, glucose syrup, E451, E450, yeast extract.

Vegetarian options: Quorn fillet

Quorn: Mycoprotein * (87%), rehydrated egg whites from free range chickens, flavoring. **Lactose options: Smetana sauce:** Pasteurized cream, acidification culture and lactase.

Gluten options: potato salad

Potato Salad: 62% potato, 14% sour cream, water, vegetable oil, salt, pasteurized egg yolks, sugar, vinegar, onion, lemon concentrate, mustard flour, modified starch, dill, leeks, curry, coriander. Additives: Preservatives (E202, E211), antioxidant (E300), stabilizer (E412, E415), acidity regulator (E270, E296).

For a more detailed list of ingredients, please contact kitchen staff in place.